

WELL-CHILD VISITS Playbook

March 2025

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number UF4MC26525, Home Visiting Collaborative Improvement and Innovation Network (HV CollN). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



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About This Document

Key Driver Diagram

The Key Driver Diagram displays a shared theory of how outcomes might improve based on information gathered from research, observation, and experience, and sets forth the collaborative's goal. The primary drivers represent key components of the system that need to be in place to achieve the goal.

Change Package

The Change Package includes a set of change ideas (specific actions, practices, and interventions that teams can test), example Plan-Do-Study-Act cycles from previous home visiting programs, and links to supportive resources.

Measurement System

The Measurement System details the shared aim and set of common process measures that teams will report during the collaborative. Data are graphed on run charts and shared with all participants to promote shared learning.



Key Driver Diagram

SMART Aim	Primary Driver (PD) Critical system elements that are necessary and sufficient to achieve the aim
	PD1: Knowledgeable, supported workforce
By March 2026, 75% of children enrolled in home visiting receive their last expected well-child visit on time, based on the American Academy of Pediatrics schedule.	PD2: Knowledgeable, supported caregivers
	PD3: Connections and communication



Change Package

PD1: Knowledgeable, supported workforce

Secondary Driver (SD)	Change Ideas	PDSA Examples	Resources
At hire, at start of CQI project, and at least	Provide training days on medical home, well-child visit timing, content, and value, and resources to support well-child visits	PD1.SD1.C1.Example 1.Training on WCV information	AAP/Bright Futures Periodicity Schedule AAP Bright Futures Pocket Guide
annually		PD1.SD1.C1. Example-2. Training for New Home Visitors	Bright Futures slides, Infant Visits: • BF Infant Priorities Screens.pptx (live.com) • BF EC Priorities Screens.pptx (live.com)
		PD1.SD1.C1.Example 3.Refresher training	Birth to Five: Watch Me Thrive! A Home Visitor's Guide for Developmental and Behavioral Screening
	Recruit local primary care provider to conduct Bright Futures training, including local context	PD1.SD1.C2.Example 1.PCP training	Institute for the Advancement of Family Support Professionals webinars: • The Medical Home and Bright Futures Guidelines • Family Partnerships that Support Health and Mental Health
			WCV Self Efficacy Scale
			From Coverage to Care: A Roadmap to Better Care and a Healthier You – information about finding a provider, defining health terms, receiving services and following up on care.
			Motivational interviewing resources to support home visitors' conversations with families:



			 What is Motivational Interviewing? Motivational Interviewing Network of Trainers Readiness Ruler Motivational Interviewing Reminder Card
Before and	Create and implement well-child	PD1.SD2.C1.Example	Optional WCV Registry created by HV CollN
after well-	visit tracking tools for home visitors	1.WCV interval tracking	
child visit			See PDSA examples for additional tracking tools created by LIAs.
appointments			
		PD1.SD2.C1.Example	
		2.WCV window tracker	WCV E-Packet
	Standardize documentation alerts	PD1.SD2.C2.Example	
	and reminders	1.WCV completion	
		reminders	

PD2: Knowledgeable, supported caregivers

Secondary Driver (SD)	Change Ideas (for LIAs)	PDSA Examples	Resources
Before well- child visit appointments	Use evidence-informed materials or curriculum to guide education to families about medical home and timing, content, and value of well-child visits	PD2.SD1.C1.Example 1.Bright Futures materials PD2.SD1.C1.Example 2.Well Visit Planner	Bright Futures Parent Educational Handouts (available in multiple languages) The Child & Adolescent Health Measurement Initiative (CAHMI)'s Cycle of Engagement Well Visit Planner approach to care builds the capacity of families, communities, and pediatric primary care teams to partner in the work of promoting the wellbeing of all children. The Well Visit Planner is available in English and Spanish to support families and care teams in well-child visits from the first week of life through age 6: One Big Doable Thing! webinar from Early Childhood Developmental
	Facilitate transportation (e.g., ride shares or bus vouchers) for	PD2.SD1.C2.Example 1.Uber Health transport	Health Systems Evidence to Impact Center (presentation slides, recording, and key takeaways)



families to and from well-child visits Connect families to linguistic resources to support well-child visits in their primary language 1.Planning for linguistic resources to support WCV	 Family-facing overview videos in English and Spanish, provider overview video Well Visit Planner website for families Cycle of Engagement Well Visit Planner website and account sign up for providers 2-page overview of Well Visit Planner for family partners and professionals Educational family resource sheets based on age appropriate topics for well visits Example of a customizable family outreach flyer (more family engagement resources are available) 2-page provider overview of Cycle of Engagement Well Visit Planner Summary of content and benefits of the Well Visit Planner and Promoting Healthy Development Survey The Well-Child Visit: Why Go and What to Expect (English and Spanish) Team Up with Your Child's Doctor for the Best Care (English and Spanish) CDC Milestones Moment Booklet Baby Checkups Guide CDC: Talking to Parents About Infant Vaccines and Questions Parents May Ask About Vaccines offer suggested prompts and responses Reasons to Follow CDC's Recommended Immunization Schedule YouTube Series from the AAP: For New Parents – The Complete Guide to Childhood Vaccinations Childhood Immunizations from the AAP: English and Spanish
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After well-child visit appointments	Develop standardized process for discussing well-child visit results with families Support families to use parentheld and maintained well-child visit and screening records	PD2.SD2.C1.Example 1.WCV follow up PD2.SD2.C2.Example 1.Developmental screening passport	Available in Alabama: Born Ready Initiative provides developmentally appropriate messages and tips to parents Look for local transportation programs in your community (e.g., Kid One Transport in Alabama) Language access resources from Family Voices include flyers for families (all available in English and Spanish) Support families to engage in developmental promotion activities and connect to needed developmental services and supports (see HV CollN's Developmental Promotion, Early Detection, and Linkage to Services Playbook) Support families to incorporate recommendations from provider plans of care into goal setting (e.g., introducing solid foods, safe sleep practices) Healthy Steps Topical Caregiver Handouts (available in multiple languages) Bright Futures at Georgetown University Health Record: English and Spanish "Birth to 5: Watch Me Thrive" Screening Passport: English and Spanish
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PD3: Connections and communication

Secondary	Change Ideas (for LIAs)	PDSA Fyamples	Posources
Driver (SD)		PDSA Examples	Resources



100			
When	Use standardized informed	PD3.SD1.C1.Example	Pediatrician Provider Acknowledgement
communicating	consent for sharing family	1.Provider	
between	authorized information between	acknowledgment letter	
families, home	the primary care practice and		Care coordination form in English and Spanish
visitors, and	home visiting program		Demociacion to obtain and nelecce confidential information
providers		DD2 CD4 C4 Everande	Permission to obtain and release confidential information
		PD3.SD1.C1.Example 2.PCPs and releases	
		Z.PCPS dilu releases	
			Institute for the Advancement of Family Support Professionals webinar,
	Partner with the primary care		Confidentiality: The Bridge of Trust, introduces federal confidentiality laws
	provider to support individual	PD3.SD1.C2.Example	and their importance in building trusting and respectful relationships with
	family needs through joint well-	1.Joint case conference	families.
	child visits, case conferences,		
	and/or shared service plans		From the National Resource Center for Patient/Family-Centered Medical
	and/or shared service plans		Home:
			Shared Plan of Care
		PD3.SD1.C2.Example	
		2.Joint WCV	Center for Medical Home Improvement: Extra-Ordinary Care: A Learning
			Guide for Families and Caregivers
			From AAP:
			 Medical Home resources in <u>English</u> and <u>Spanish</u>
			 Using a Team Approach to Support & Monitor Your Child's
			Development (English and Spanish)
			Shared Plan of Care
			The Child & Adolescent Health Measurement Initiative (CAHMI)'s
			CARE PATH for Kids resources support families of children and youth with
			special health care needs to engage, plan, and improve care planning and
			outcomes in partnership with their child's care team(s). (short video
			explaining the model)
When building	Conduct outreach to primary care	PD3.SD2.C1.Example	AAP state chapter websites
relationships	practices to increase mutual	1.PCP outreach	



between home	understanding of the primary		Sample Memorandum of Understanding
visiting	care practice and home visiting		
programs and	program		The <u>Transforming Pediatrics for Early Childhood Program (TPEC)</u> , funded by
primary care			HRSA, is working to improve access to pediatric care that promotes early
practices	Expand partnerships with	PD3.SD2.C2.Example	developmental health, school readiness, and child and family flourishing.
practices	primary care providers and	1.MOU with primary	Their interactive map shows what organizations near you are focused on
	practices through a signed MOU	care practice	systems building and pediatrics transformation.
	and/or advisory board or council		
	appointments		Visit medicaid.gov to find information on partnering with state Medicaid
		PD3.SD2.C2.Example	agencies to improve well-child visits in early childhood.
		2.Invite PCP to CQI	
		meeting	Redesigning Primary Care Well-Child Visits: A Group Model, Page, C., Reid,
			A., Hoagland, E., & Leonard, S. B. (2010). WellBabies: Mothers' perspectives
			on an innovative model of group well-child care. Family Medicine, 42(3),
			202–207.



The Measurement System

SMART AIM: By March 2026, 75% of children enrolled in home visiting receive their last expected well-child visit on time, based on the American Academy of Pediatrics schedule.

PROCESS AIMS:

- For 90% of children due for a well-child visit, caregivers plan for the well-child visit with the home visitor.
- For 80% of children with a completed well-child visit, the home visitor has follow-up with the caregiver within 14 days.
- Increase by 20% children with a completed well-child visit for whom the home visitor and primary care team communicate within 30 days.

MEASURES:

Measure #1 (SMART Aim): % of children enrolled in home visiting who receive their last expected well-child visit on time, based on the American Academy of Pediatrics schedule [column E]

- Numerator: # of children due for a well-child visit in the reporting month who received a timely well-child visit [column D]
- Denominator: # of children due for a well-child visit in the reporting month [column C]

Measure #2 (Primary Driver 1): % of children due for a well-child visit whose caregivers plan for the well-child visit with the home visitor [column G]

- *Numerator:* # of children due for a well-child visit in the reporting month whose caregivers plan for the well-child visit with the home visitor before the well-child visit [column F]
- Denominator: # of children due for a well-child visit in the reporting month [column C]

Measure #3 (Primary Driver 2): % of children with a completed well-child visit for whom the home visitor has follow up with the caregiver within 14 days [column J]

- Numerator: # of children for whom the date of their most recently completed well-child visit + 14 days falls within the reporting month and for whom the home visitor had follow up with the caregiver within 14 days [column I]
- Denominator: # of children for whom the date of their most recently completed well-child visit + 14 days falls in the reporting month [column H]

Measure #4 (Primary Driver 3): % of children with a completed well-child visit for whom the home visitor and primary care team communicate within 30 days [column M]

- Numerator: # of children for whom the date of their most recently completed well-child visit + 30 days falls within the reporting month and for whom the home visitor and primary care team communicated within 30 days [column L]
- *Denominator:* # of children for whom the date of their most recently completed well-child visit + 30 days falls in the reporting month [column K]

OPERATIONAL DEFINITIONS:

• <u>Last expected well-child visit</u>: The last expected well-child visit is based on the child's age and the <u>American Academy of Pediatrics schedule</u>.



• <u>Timely well-child visit</u>: A well-child visit is counted as timely if it occurs during the following intervals, which are defined related to the child's birthdate, align with MIECHV performance measurement guidance, and are based on the American Academy of Pediatrics schedule. These intervals allow for a window for the visits to occur. For example, the 9-month visit could occur for the child anytime between 9 months, 0 days and 10 months, 30 days. Well-child visits are counted as timely if the visit occurs anytime during the interval, even if it occurs outside the month when a child is considered "due for a well-child visit." We will provide teams with a data registry that calculates well-child visit intervals based on birthdate and determines if a visit is timely.

3 to 7 days2 to 4 weeks

o 2 to 3 months

o 4 to 5 months

o 6 to 7 months

o 9 to 10 months

12 to 13 months

o 15 to 16 months

o 18 to 19 months

o 2 to 2.5 years

o 3 to 3.5 years

o 4 to 4.5 years

- <u>Due for a well-child visit</u>: Child reaches the last day of a well-child visit interval in the reporting month. For example, a child who reaches age 10 months, 30 days in the reporting month is counted as "due" for the well-child visit that month.
- <u>Caregiver</u>: Caregiver refers to the adult participant enrolled in the home visiting program. May include biological, adoptive, or foster parent, relative, or other adult with a significant emotional connection to the child.
- <u>Plan for the well-child visit</u>: Verbal and/or written content to actively promote the benefits of and prepare caregivers for the well-child visit, including:
 - What caregivers should expect from the well-child visit (e.g., the primary care provider will weigh and measure your child to ensure they are growing appropriately; observe their movements, behavior, and interactions; model for you ways of interacting with a child this age; provide needed vaccinations and testing for lead; and ask you about any concerns or questions you have)
 - Pre-visit planning to assess barriers and facilitators to complete the visit and ensure it meets the needs of the family (e.g., inquiring about the scheduling of the well-child visit appointment, answering caregiver questions, and providing resources to ensure the family can successfully complete the visit). Common barriers to address with caregivers include lack of transportation; need for child care for siblings; underinsurance or lack of health insurance; knowledge of sliding fee documentation requirements; office protocols for scheduling (e.g., open access, timeliness, notice of cancellations, communication challenges with scheduling staff, etc.); language barriers; lack of trust; limited availability of healthcare providers; and conflicts with job/school schedules.
- Follow up with caregiver: After the well-child visit, the home visitor engages with the caregiver
 to discuss how the visit went, if it met the family's needs, if they have any questions, and if any
 support or follow up is needed. This should be more than just confirmation that the visit
 occurred. Communication may be initiated by home visitor or caregiver and may occur in
 person, over the phone, or via text, email, etc.



Communication with primary care team: After the well-child visit, the home visitor and primary
care practice communicate about the visit, including any needed support or follow up.
 Communication may be initiated by home visitor or primary care practice and may occur in
person, over the phone, or via text, email, etc.

Acknowledgements

This document was prepared for the U.S. Department of Health and Human Services (HHS), Health Resources and Services Administration (HRSA), by Education Development Center, Inc., under grant number UF4MC26525-09-00, Home Visiting Collaborative Improvement and Innovation Network 3.0 (HV CollN 3.0). The information, content, and conclusions herein are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by, HRSA, HHS, or the U.S. government.