



Intimate Partner Violence (IPV) Playbook

Last Updated: February 2026

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Acknowledgements

The development and refinement of this playbook is made possible through the collective efforts of many partners. We thank the MIECHV awardees and local home visiting agencies who participated in testing and improving the strategies shared here. We also acknowledge the experts from the field, including those with lived experience, whose insights strengthened the content and ensured its relevance to families and providers. Appreciation is also extended to the copyeditors and designers whose attention to detail and thoughtful presentation supported the accessibility and usability of this resource. The contributions from this collaborative of partners have produced a resource that continues to drive learning, improvement, and innovation across the home visiting field.

About This Document

Key Driver Diagram

The Key Driver Diagram (KDD) displays a shared theory of how outcomes might improve based on information gathered from research, observation, and experience, and sets forth the collaborative's goal. The primary drivers represent key components of the system that need to be in place to achieve the goal.

Change Package

The Change Package identifies a set of changes (i.e., how to put primary drivers in place) and offers links to PDSA examples and resources to support these interventions. The Change Package lays out change ideas to help home visiting programs improve the key outcome and processes.

Measurement System

The Measurement System Guide lists the shared aims and a set of common measures that teams will report during the collaborative.

Key Driver Diagram

SMART Aim <i>The goal of the collaborative</i>	Primary Driver (PD) <i>Critical system elements that are necessary and sufficient to achieve the aim</i>
<p>90% of survivors are offered supports or services aligned with their self-identified needs and priorities within 7 days.</p> <p>85% of survivors who are offered supports or services receive follow-up from a home visitor within 60 days.</p>	<p>Partnership and linkage to Domestic Violence/Sexual Assault (DV/SA) advocacy organizations</p>
	<p>Skilled and supported workforce prepared to address IPV with caregivers</p>
	<p>Ongoing universal education on healthy and unhealthy relationships and screening for IPV</p>
	<p>Ongoing safer planning to address survivors' risks, priorities, and decisions</p>

Change Package

PD1: Partnership and linkage to Domestic Violence/Sexual Assault (DV/SA) advocacy organizations

Change Ideas (for LIAs)	PDSA Examples	Resources
<p>Develop or enhance the partnership between DV/SA and home visiting agencies to support survivors' priorities and help home visitors navigate advocacy services</p>	<p>IPV.PD1.C1.Ex1. Training with partner DV advocacy organization</p> <p>IPV.PD1.C1.Ex2. Relationship building</p>	<ul style="list-style-type: none"> • Making the Case for a partnership between HV and DV/SA programs - Why advocates and home visitors should build partnerships • Nationwide, go to these links to find domestic violence or sexual violence coalitions in your state. • Sample FUTURES MOU between HV program and DV/SA org. • Sample MOU between HV program and DV/SA org. • Sample Referral Process - HV program in community clinic
<p>Standardize the process for home visitors to refer consenting caregivers to DV/SA advocacy organizations.</p>	<p>IPV.PD1.C2.Ex1. Developing an MOU or agreement</p> <p>IPV.PD1.C2.Ex2. Referral form between the DV advocacy organization and home visiting program</p>	

PD2. Skilled and supported workforce prepared to address IPV with caregivers

Change Ideas (for LIAs)	PDSA Examples	Resources
Offer ongoing, practice-based training for home visitors and their supervisors on responsive practices that reflect families' backgrounds, communication needs, and lived experiences to address IPV	<p>IPV.PD2.C1.Ex1. Training and role play for universal education scripts</p> <p>IPV.PD2.C1.Ex2. Utilizing supervision as a follow-up to training</p>	<ul style="list-style-type: none"> • Safety Planning with Survivors: Core Concepts - This webinar covers the theory behind safety planning and how to do it well in real life.
Offer regular reflective supervision to home visitors and supervisors that includes a discussion of IPV in caregivers' lives and the potential impact of the home visitor's own past or present experiences on their work with families	<p>IPV.PD2.C2.Ex1. Supervision reference sheets</p>	<ul style="list-style-type: none"> • Technology Safety - a collection of resources that includes safety tips and privacy strategies for survivors of abuse. • IPV supervision reference sheets (WSCADV)
Develop systems to support self-care plans for home visitors and supervisors	<p>IPV.PD2.C3.Ex1. Exercise to support emotional self-care check in supervision</p>	<ul style="list-style-type: none"> • Figures in a tree - a tool that can be used to check in with HV and understand how they are feeling about their IPV work • ProQL Tool (Available in English & Spanish) - Use to rate oneself on compassion, satisfaction, burnout, and secondary traumatic stress. • Getting started with Mindfulness: A Toolkit for Early Childhood Organizations- learn more about mindfulness techniques and how to implement them into your work and organization's culture

PD3. Ongoing universal education on healthy and unhealthy relationships and screening for IPV

Change Ideas (for LIAs)	PDSA Examples	Resources
<p>Integrate the use of home visiting-specific educational resources to facilitate conversations about healthy and unhealthy relationships prior to IPV screening</p>	<p>IPV.PD3.C1.Ex1. Connected Parents Connected Kids Cards</p> <p>IPV.PD3.C1.Ex2. Integration of education on healthy-unhealthy relationship</p>	<ul style="list-style-type: none"> • Mindfulness Practices for Families – simple mindfulness activities for kids and families. • Connected Parents, Connected Kids – cards and scripts for home visitors to use with families. While this resource is linked through the HV CoIIN website to support access to multiple language versions, teams interested in bulk ordering can access it directly through the Futures Without Violence store (English and Spanish available for bulk orders).
<p>Acknowledge and validate the caregiver’s experience after a disclosure or positive screen</p>	<p>IPV.PD3.C2.Ex1. Prompt for validation after positive screen</p> <p>IPV.PD3.C2.Ex2. Prompt transition from disclosure to screening</p>	<ul style="list-style-type: none"> • Sample prompts – prompts to support home visitors to integrate education on healthy relationships into other topics
<p>Create tracking and reminder system for universal education on healthy and unhealthy relationships and screening for IPV</p>	<p>IPV.PD3.C3.Ex1. Using a tracking tool for upcoming screenings</p> <p>IPV.PD3.C3.Ex2. Home visitor receives lists of clients not yet screened</p> <p>IPV.PD3.C3.Ex3. Using client cover sheet as reminder for education</p>	<ul style="list-style-type: none"> • Love Like This Series - tools for starting conversations with young people about how to have a healthy, fun, and loving relationship • WSCADV’s Friends and Family Guide available in English & Spanish • Tracking tool for upcoming screenings - keep track of participant’s IPV screening dates

		<ul style="list-style-type: none"> • Registry Tool - use to keep track of participants and IPV referral status and follow up • Client cover sheet as reminder for education - document key dates for education on healthy relationships with each client
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PD4. Ongoing safer planning to address survivors' risks, priorities, and decisions

Change Ideas (for LIAs)	PDSA Examples	Resources
Conduct a warm referral to DV/SA organization	<p>IPV.PD4.C1.Ex1. Use a script to make a warm referral</p> <p>IPV.PD4.C1.Ex2. Offer of support for past IPV</p> <p>IPV.PD4.C1.Ex3. Add prompt to back of screening tool as reminder</p>	<ul style="list-style-type: none"> • Strategies to support families who may be experiencing DV (Head Start) • WSCADV's Friends and Family Guide available in English & Spanish • Common Aspects of Safer Planning - how to better engage in safer planning
Use conversation prompts and listening strategies to explore survivors' priorities, strengths, risks, and safer planning strategies, and what the HV can offer	<p>IPV.PD4.C2.Ex1. Conversation starter tips to initiate support around safer planning</p> <p>IPV.PD4.C2.Ex2. Recognize and reinforce participant's strengths and strategies</p>	<ul style="list-style-type: none"> • Conversation Starter Tips - learn how to start conversations around IPV and safer planning • Erikson Institute's FAN Approach - learn to promote caregiver engagement and provider/caregiver collaboration

	IPV.PD4.C2.Ex3. Home visitor engages in mindfulness exercise prior to safer planning	<ul style="list-style-type: none"> • Sample plan for meeting with survivors - lessons from mobile advocacy • Everyday Magic - 16 ways adults can support children exposed to violence and trauma • The Magic of Everyday Gesture - 8 Ways Parents and Caregivers Can Support Children Healing from Trauma • Children and IPV: For Parents series - offers supports to caregivers whose children have been affected by IPV • Registry Tool - use to keep track of participants and IPV referral status and follow up • Referral Process Map - a sample process map for referrals
Conduct regular follow-ups with survivors to review and revise safer plans	IPV.PD4.C3.Ex1. Use prompts to follow-up with survivor IPV.PD4.C3.Ex2. Contingency plans for follow-up	
Integrate children’s safety and well-being into comprehensive safer planning with strategies that support the survivor’s caregiving and the caregiver/child bond	IPV.PD4.C4.Ex1. Validate parent-child interaction IPV.PD4.C4.Ex2. Ask what survivor has done in past to keep children safer	
Create tracking and reminder system for IPV referrals, safer planning, and follow-up	IPV.PD4.C5.Ex1. Registry tool	

The Measurement System

Overview of Measures

SMART AIM	Outcome Measure
90% of survivors are offered supports or services for IPV aligned with their self-identified needs and priorities within 7 days.	% of survivors offered supports or services for IPV aligned with their self-identified needs and priorities within 7 days.
85% of survivors who are offered supports or services receive follow-up from a home visitor within 60 days.	% of survivors offered supports or services who receive follow-up from a home visitor within 2 months.

Primary Drivers	Process Measures
PD1: Partnership and linkage to Domestic Violence/Sexual Assault (DV/SA) advocacy organizations	
PD2: Skilled and supported workforce prepared to address IPV with caregivers	% of home visitors engaging in reflective supervision at least once in the past month about IPV .
PD3: Ongoing universal education on healthy and unhealthy relationships and screening for IPV	% of caregivers provided universal education about healthy relationships within the past 6 months % of caregivers enrolled in home visiting who are screened for intimate partner violence (IPV) within 6 months of enrollment using a validated tool (HRS Performance Measure)
PD4: Ongoing safer planning to address survivors' risks, priorities, and decisions	% of survivors who engage in safer planning

In-Depth Look at Measures

The following measures were selected to reflect the processes necessary to achieve the SMART aim.

Measure #1

% of survivors offered supports or services for IPV and aligned with their self-identified needs and priorities within 7 days.

Data Elements

- *Numerator:* # of survivors with positive screen or self-disclosure of IPV in the reporting month who are offered supports or services for IPV aligned with their self-identified needs and priorities within 7 days.

- *Denominator:* # of # of survivors with a positive screen or self-disclosure of IPV in reporting month.

Associated Driver

SMART Aim

Measure #2

% of survivors offered supports or services who receive follow-up from a home visitor within 2 months.

Data Elements

- *Numerator:* # of active survivors offered supports or services aligned with their self-identified needs and priorities in the month 2 months prior to the reporting month who receive follow-up from home visitor within 2 months.
- *Denominator:* # of active survivors offered supports or services aligned with their self-identified needs and priorities in the month 2 months prior to the reporting month.

Associated Driver

SMART Aim

Measure #3

% of home visitors engaging in reflective supervision at least once in the past month about IPV.

Data Elements

- *Numerator:* # of home visitors engaging in reflective supervision (1:1 or group) at least once in the past month about IPV.
- *Denominator:* # of home visitors.

Associated Driver

Primary Driver 2

Measure #4

% of caregivers provided universal education about healthy relationships within the past 6 months.

Data Elements

- *Numerator:* # of caregivers enrolled in home visiting at least 6 months who have been provided education on healthy relationships at least once in the past 6 months.

- *Denominator:* # of caregivers enrolled in home visiting for at least 6 months.

Associated Driver

Primary Driver 3

Measure #5

% of caregivers enrolled in home visiting who are screened for intimate partner violence (IPV) within 6 months of enrollment using a validated tool.

Data Elements

- *Numerator:* # of active caregivers enrolled in home visiting in the month 6 months prior to the reporting month who have been screened for IPV using a validated tool.
- *Denominator:* # of active caregivers enrolled in home visiting in the month 6 months prior to the reporting month.

Associated Driver

Primary Driver 3

Measure #6

% of survivors who engage in safer planning.

Data Elements

- *Numerator:* # of active survivors who engage in safer planning with home visitor.
- *Denominator:* # of active survivors.

Associated Driver

Primary Driver 4

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number UF4MC26525, Home Visiting Collaborative Improvement and Innovation Network (HV CoIIN). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government